

Warrington Tier 2 CAMHS Resource Directory

Tier 2 CAMHS in Warrington are predominantly commissioned to offer training, consultation, supervision, advice and guidance to professionals in Warrington. There is limited scope for direct therapeutic interventions.

We have developed this resource to help you utilise the wealth of existing resources available in Warrington which offer support, including that at a Tier 2 level. We welcome feedback and would be grateful if you could contact the Tier 2 CAMHS team on 01925 575 904 if you are aware of any other services which could be added to this resource directory.

Before consulting with Tier 2 CAMHS, please consider the following:

How long has the problem been present?

(If longer than 6 months duration, this would not usually be appropriate for an early intervention service such as Tier 2 CAMHS)

What sort of support would be best for this family?

(If support needs to be longer / more intensive than 6 sessions, Tier 2 CAMHS would not be appropriate)

What interventions have been tried previously?

(Tier 2 CAMHS should not be the first intervention offered to a family)

Are there any existing services which could support the family?

(Tier 2 CAMHS is a targeted provision, and cannot duplicate support offered by other services in Warrington)

Are there any concerns regarding risk?

(Tier 2 CAMHS are not able to accept cases where there is identified risk to self, risk to others, or risk from others)

Is there a CAF in place?

(Often a co-ordinated approach between services is more effective than a brief intervention from one agency)

| Issue | Sources of Advice |
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| <p>Behaviour / Parenting / Social</p> <p>(Including anger, aggression, conduct disorder, defiance)</p> | <p>Pre-School:</p> <ul style="list-style-type: none"> • Have parents accessed support via health visitors / children’s centres? http://www.warrington.gov.uk/info/200235/childrens_centres (type in postcode and find the nearest) • Homestart http://homestart-warrington.org.uk/need-help (referral form online suitable for children <5) Tel: 01925 652320. <p>School Age:</p> <ul style="list-style-type: none"> • Warrington Council supports ‘Webster Stratton-The Incredible Years’ Programme parenting courses (suitable for ages 0-8). <i>Whoever refers the individual needs to support them through the duration of the course (School may be best placed to do this)</i> http://warrington.fsd.org.uk/kb5/warrington/fsd/event.page?id=YJNvfAjQA7o <i>Please see bottom of document for referral form.</i> • For post-adoption parenting support, families can access WWISH: Adoption service. They provide advice and support post adoption, offer nurture groups and parenting programmes. To access the service families need to contact the number below. http://www.wwish.org.uk/ Tel: 01942 487272 • Swing Into New Beginnings is a project available at The Relationship Centre which supports young people who are making the transition from care to independent living in Warrington. Tel: 01925 576757 • Family Lives You may consider a web-based parenting advice page such as www.familylives.org.uk (provides an online chat service for parents) • Orford Youth Base provides outdoor activities to music production to discussion and debate. Projects include challenging and exciting activities and group work sessions to address specific issues affecting young people. These groups are separate for different year groups Tel: 01925 851029 • U-Xpand Course is a programme targeted to NEET young people aged 16-19. They have an 18 week programme that has a strong outdoor education theme, which is fantastic to engage in informal education and alternative curriculum. Tel: 01925 442 440 http://warrington.fsd.org.uk/kb5/warrington/fsd/event.page?id=f2S4DfsN6Uo&youngpeopleschannel=0 • Active Futures (Touch Rugby Project) engages children and young people using sports and physical activity. (Suitable for ages 7+) This is £1 or free to livewire members. Contact Paul Flannery on Tel: |

01925 248456

<http://www.warringtonchildren.org/kb5/warrington/fsd/service.page?id=mutSZGApVZg>

- **St Joseph's Family Centre (SJFC)** provides a wide range of support for parents through Parenting Skills Course, Family Mediation and Family Contact Facility. They also provide Anger Management Courses for children and young people **Tel: 01925 635448**
<http://www.saintjosephsfamilycentre.org.uk>
- Has school used its own support networks? Parenting, school based counselling, School Inclusion Team
Tel: 01925 442917
- **Young Minds Parent's Helpline** Offer free, confidential online and telephone support, including information and advice, to any adult worried about the emotional problems, behavior or mental health of a child or young person up to the age of 25. **Tel: 0808 802 5544 Email: parents@youngminds.org.uk**
- **Young Women's Project** Offers a safe environment for young women to talk about life decisions and feel supported at a key time in their lives. This group provides sessions on risky behaviours, sexual health and social and emotional support. This group runs on Thursday evenings 6:30 – 9pm at Orford Youth Base
Tel: 07775024897
- **Family Outreach Team –** This service will support you to focus on the needs of children, young people and families, offering timely and appropriate early help interventions. Any Professional can refer to this team **East & South - 01925 570 870, Central – 01925 425 580, West – 01925 636 856**
- **Live Wire –Westy Boxing Club -** Young people are welcome at the Westy Community Centre from age 6 – 17 years and no appointment is necessary they can just turn up. They are targeting young people who undertake anti-social behaviour and those with anger issues are their target group. Paul Flannery who runs the group can be contacted on **Tel: 07740 075798.**
- **The Life Skills Experience -** is 10-week programme that will consist of various group activities, centre based and out in the community and also offers one to one support. The programme is designed for young people aged between 16 and 18 who are not in Education, Employment or Training (NEET). **Tel: 01925 576757**
- **Active Hope -** Christian Outdoor Pursuits charity working with children in high deprivation to provide mentoring support, holiday activities and support school work. **Tel: 01925 625705**

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| <p>Developmental Difficulties</p> <p>(Including ASD & LD)</p> | <p>Have all possible underlying physical and neurological causes been considered / excluded?</p> <p>Pre-School & School:</p> <ul style="list-style-type: none"> • The Child Development Centre is able to provide support, help and signpost to appropriate services for children and young people with physical health needs. Tel: 01925 867867 • Have school used their own support networks? • Or you could contact the Family Information Service Tel: 01925 443322 who can look into ways to support families / children with additional needs. • Adult ASC (Non - LD) Diagnostic Assessment Pathway – Provides assessment and diagnosis for ASC Autistic Spectrum Condition for young people aged 16 + across the 5 Boroughs. There are 3 forms on the G Drive which need to be completed in order to refer. Tel: 0151 426 5885 • Warrington Disability Partnership offer a youth club for young disabled people aged 11-25 years old; http://www.disabilitypartnership.org.uk/leisure/planetblue.shtml along with other support for children with disabilities. Tel: 01925 240064 • St Joseph's Family Centre provide support groups for young people with ASD http://www.saintjosephsfamilycentre.org.uk Please see bottom of document for referral form. • Blue Planet Youth Group is a drop-in youth club for young disabled people; physically disabled, ASD, neuro-developmental delays based at the Peace Centre. • Short Breaks can be accessed through the council http://www.warrington.gov.uk/info/200241/short_break_care_for_children • CHAPS: Cheshire Autism Practical Support offer support for parents and young people whether they have a diagnosis of autism or not. Please see leaflet on G Drive for further information. Tel: 03448508607 http://www.asparents.org.uk • You could contact School Nurses to see what support they can provide. Tel: South team Grappenhall: 01925967830, East team Birchwood: 01925843864, West team Penketh: 019255867927. Please see bottom of document for referral form. • The Buddy up system at Warrington Youth Club aims to offer young people (aged 7-19) with disabilities from across Warrington a 'Buddy' who they can try social activities with, that they may not otherwise have the opportunity to access. Tel: 01925 581 226. Please see bottom of document for referral form. |
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| | <ul style="list-style-type: none"> • <u>Parent Partnership Warrington (SEND)</u> Is an information, advice and support service which helps parents, carers and young people with special educational needs in early education settings, schools and colleges. Tel: 01925 442 978 http://warringtonsendiass.co.uk/contact-us.aspx |
| Drugs and Alcohol | <p>Pre- School & School:</p> <ul style="list-style-type: none"> • For teenagers (13-19 years) who need support and intervention on a one-to-one basis who are affected by drug and / or alcohol use you could contact <u>Young People's Drug and Alcohol Team</u> Tel: 01925 851 029 Referral form on G Drive • For online advice or support, young people could refer to <u>Talk to Frank</u> www.talktofrank.com • <u>Parents Under Pressure</u> - 20-week programme for parents who have a child under five and are on a drug or alcohol treatment programme. It aims to help families with the difficult job of parenting, providing them with the safe and caring support they need. http://www.nspcc.org.uk/fighting-for-childhood/our-services/services-for-children-and-families/parents-under-pressure/ Tel: 01925 581200 Email: cheshire@nspcc.org.uk Please see bottom of document for referral form. • <u>Footsteps</u> aims to listen and provide support and information to anyone who is affected by someone else's drug and alcohol use (aged 11-19). Footsteps offer 1:1 support, support groups and individual counselling. (Any professional can refer) Tel: 01925 244 524 www.footstepsforfamilies.org Please see bottom of document for referral form. • <u>CRI Pathways to Recovery</u> Pathways is an integrated drug treatment service for adults providing a full range of treatment options to those affected by drug use whatever the drug that is being used. Tel :01925 415 176 http://www.cri.org.uk/content/pathways-recovery-warrington |
| ADHD | <ul style="list-style-type: none"> • Have school used its own support networks? <u>School Inclusion Team</u> Tel: 01925 442917 • For information, advice, support and training for individuals, parents, families and professionals; ADHD North West could be an option. Tel: 01524 411044 • <u>St Joseph's Family Centre</u> provide support groups for young people with ADHD http://www.saintjosephsfamilycentre.org.uk • <u>ADHD Support Group</u> The aim of the group is to provide help and support to anyone affected by ADD / ADHD and associated conditions. The group cannot help with receiving a diagnosis but is a place to share experiences and receive support. The group is based at Warrington Play and Sensory Centre Tel: 07486 124414 |

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| | <ul style="list-style-type: none"> • <u>Child Development Centre (CDC)</u> For those children who have a diagnosis of ADHD and are receiving medication from the CDC there is a clinic that runs every three months where parents can receive advice on eating and sleeping. Tel: 01925867867 |
| <p>Anxiety</p> | <ul style="list-style-type: none"> • If low concerns, you could contact the school nurse or a school based professional to carry out an intervention such Solution Focussed Brief Therapy. • If over 16 years old, consider a referral to <u>IAPT (Improving Access to Psychological Therapies)</u> Tel: 01925 401720 <i>Please see bottom of document for referral form.</i> <p>School Age:</p> <ul style="list-style-type: none"> • <u>St. Joseph's Family Centre</u> offer counselling. Tel: 01925 635448 <i>Please see bottom of document for referral form.</i> • <u>Warrington Youth Club</u> offers opportunities to gain increase and develop skills, knowledge, self-awareness and confidence. Tel: 01925 581235 • <u>UFI (Unique Friendly Individuals) Youth Group</u> – Support group for young people with self-esteem issues. The projects include challenging and exciting activities and group work sessions to address specific issues affecting young people. Ages 13-19. The group is at Orford Youth Base – Tuesday evenings 6:45-9:15pm. Referral only contact Jean O'Rourke (Orford Youth Base) Tel: 01925851029 or Simon 07583088698 <i>Please see bottom of document for referral form.</i> • <u>Orford Youth Base</u> provides outdoor activities to music production to discussion and debate. Projects include challenging and exciting activities and group work sessions to address specific issues affecting young people. These groups are separate for different year groups Tel: 01925 851029 • <u>Warrington Youth Café</u> provides a space to catch up and relax with friends. Tel: 01925 851029 • <u>Girls Group – Warrington Youth Club</u> is suitable for girls aged 11-19 and works to help young people gain confidence, voice anxieties and cover different aspects of emotional and physical wellbeing. (Mon/Wed – 7-9pm – Peace centre) Tel: 01925 581226 <i>Please see bottom of document for referral form.</i> http://www.warringtonyouthclub.co.uk/young-people/programmes/qirls-group.aspx • <u>Kooth</u> offer online counselling via www.kooth.com • <u>Young Women's Project</u> Offers a safe environment for young women ages 11-19 to talk about life decisions and feel supported at a key time in their lives. This group provides sessions on risky behaviours, |

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| | <p>sexual health and social and emotional support. This group runs on Thursday evenings 6:45 – 9:15pm at Orford Youth Base Tel:07775024897</p> <ul style="list-style-type: none"> • TNT / Who am I? Offers support on a one-to-one basis to young people ages 14-16 to address the challenges they are currently facing. The project is designed to raise aspirations; improve motivation and self- confidence. Tel: 01925 576757 |
| <p>Bereavement</p> | <p>Allow time for the grieving process to take place.</p> <ul style="list-style-type: none"> • St. Joseph’s Family Centre provides Bereavement Care. Tel: 01925 635448 <i>Please see bottom of document for referral form.</i> • Pastoral support in school may be able to offer support in the first instance. • Child bereavement UK offers support, information and guidance to families and professionals. Professionally trained bereavement support workers are available to take calls and respond to emails 9am-5pm Monday-Friday. www.childbereavementuk.org Email for support: support@childbereavementuk.org • Child Bereavement UK –This is based in Runcorn and offers support, information and guidance to families and professionals. (However does offer services to children and families outside of the Runcorn area if they can make arrangements to get to Runcorn) The service would prefer for the family to call and initiate the referral, however with their permission it is fine for a professional to call on their behalf to arrange a time for the service to call them Tel: 01928 577164 Email:barry.lyonette@childbereavementuk.org • Amparo (Support following suicide) Amparo was set up to provide support to anyone (child or adult) who has been affected by suicide within Merseyside & Cheshire. This may include members of the deceased family, a partner, friends, work colleagues, ‘found by person’. Tel: 0330 088 9255 <i>Please see bottom of document for referral form.</i> • Warrington Bereavement Counselling Service is a voluntary organisation offering a one to one bereavement counseling service to anyone living in the Warrington area. They can offer up to 6 1 hour counselling sessions. There is also a trained counsellor available for Saturday coffee mornings. <i>For further information please access the G drive.</i> http://www.warringtonaccessguide.org.uk/info/31-Bereavement-Counselling-Service-Warrington |

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| <p>Sex / Sexuality & Teenage Families</p> | <ul style="list-style-type: none"> • <u>YAS: Youth Advice Shop</u> can offer confidential teenage sexual health support for young people up to the age of 19. Tel: 01925 644202 or 01925 632490 • Teenage Parent Advice is available via the Youth Café. Tel: 01925 851029 • <u>Rape and Sexual Abuse Centre (RASAC)</u> for support for young people (aged 13+) where there is a history of sexual abuse. Tel: 01925 221546 <i>Please see bottom of document for referral form.</i> • <u>The NSPCC: Letting the Future In</u> offer therapeutic help to girls and boys from 4 - 17 years of age who have been sexually abused. Tel: 01925 581200 <i>Please see bottom of document for referral form.</i> • For young people identified at risk of or who are being targeted for exploitative sexual relationships by other young people or adults, they can access The Relationships Centre: <u>AWARE Project</u> via referral from Social Care. Tel: 01925 576757 • <u>Switchboard Selfie LGBT helpline -</u> Switchboard provides an information, support and referral service for lesbians, gay men and bisexual and trans* people – and anyone considering issues around their sexuality and/or gender identity. This can be done via calling, emailing and instant messaging. http://switchboard.lgbt/ Tel:0300 330 0630 (between 10am – 11pm) Email: chris@switchboard.lgbt • <u>Young Parents Group</u> This group offers parents the opportunity to learn new skill, connect with others and have fun. This group provides support and advice and aims to build on the young parent's self-esteem through explorative play. This group is based at Orford Youth Base on Sundays 12:30-3pm (Day & time under consultation) Tel:01925 851 029 • <u>FFLAG (Families and Friends of Lesbians and Gays)</u> is a national voluntary organisation and registered charity who support parents and their lesbian, gay and bisexual daughters and sons. http://www.fflag.org.uk/ They have a confidential helpline which costs 2p per minute plus standard network charges Tel: 0845 652 0311 • <u>The NSPCC: Hear and Now</u> is a therapeutic service for children and young people aged 4-17 years who may not have disclosed sexual abuse but sexual abuse could have been a concern in the past or within the extended family. The service aims to provide the child or young person with up to 24 individual sessions and their parent or carer with up to 12 sessions. Tel: 01925 581200 <i>Please see bottom of document for referral form.</i> |
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| <p>Self-Harm & Suicidal Ideation</p> | <p>Consider who is best placed to make referral / have consultation. Think about the risk being presented.</p> <ul style="list-style-type: none"> • Immediate support is available via A&E if high risk/ emergency situation. • Discuss with CAMHS Assessment and Response Team. Tel: 01925 579405 • Beyond the Scars offer a peer support group for anyone who is or has been affected directly or indirectly by self-injury. The group is based in Warrington for young people aged 16+. The group is based at The Marjorie Griffiths Learning Centre, Beaufort Street, Warrington, WA5 1BA http://www.beyondthescars.co.uk/home.html Tel:07876234509 • Beyond the Scars offer a carers support group online for carers who have been affected by self-injury. This group is a private Facebook group. http://www.beyondthescars.co.uk/about.html Tel: 07876234509 • The Samaritans offer support for anyone who is struggling Tel: 08457909090 Email: jo@samaritans.org http://www.samaritans.org • PAPYRUS (Prevention of Young Suicide UK) – Provides a national helpline for suicide prevention advice, and information Tel: 01925572444/ 08000684141 https://www.papyrus-uk.org/ • Stamp Out Suicide Helpline provides counselling to those in need to anyone in the UK from 10am – 2am. You just have to text 07766808222 and then they will arrange for a counsellor to contact you, this way you won't be charged for any calls http://www.stampoutsuicide.co.uk/ • Skin Camouflage provides a camouflage service to help young people who are open to 5bp to cover self-harm scars http://www.5boroughpartnership.nhs.uk/skin-camouflage-service/ Please see bottom of document for referral form. |
| <p>Domestic Violence</p> | <ul style="list-style-type: none"> • Changes in behaviours are likely when families are experiencing such difficulties. Safety should be the first consideration- liaise with Social Care. Tel: 01925 444239 • Refuge are a Warrington Independent Domestic Violence and Abuse Service that provide support to anyone living in Warrington who is experiencing domestic violence. Tel: 01925 243359 • Women's Aid is a national charity working to end domestic violence http://www.womensaid.org.uk/ |
| <p>Parental Separation</p> | <p>Allow time for adjustment - changes in behaviour are likely following significant life events.</p> <ul style="list-style-type: none"> • St. Joseph's Family Centre offer support for children of parents that have separated / divorced and support for the separated / divorced parties. Tel: 01925 635448 Please see bottom of document for |

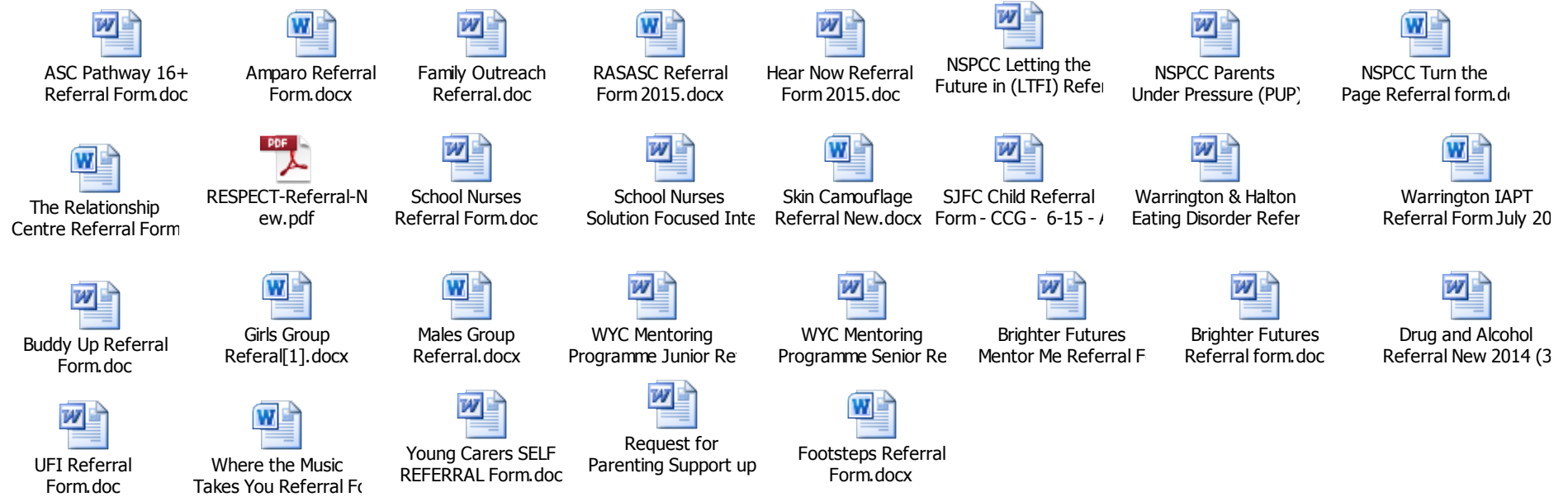
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| | <p>referral form.</p> <ul style="list-style-type: none"> • School based support can be offered, such as emotional wellbeing sessions with School Nursing • You may utilise a web-based page such as www.familylives.org.uk |
| Eating Disorders | <p>Have any possible underlying physical causes been considered / excluded?</p> <ul style="list-style-type: none"> • Liaison with the child's GP can be useful, such as assessing height, weight and percentile. • It might be worth having a conversation with the CAMHS Assessment and Response Team to ask their advice about a possible eating disorder. Tel: 01925 579405 • <u>UFI (Unique Friendly Individuals) Youth Group</u> – Support group for young people with self-esteem issues. The projects include challenging and exciting activities and group work sessions to address specific issues affecting young people. Ages 13-19. The group is at Orford Youth Base – Tuesday evenings 6:45-9:15pm. Referral only contact Jean O'Rourke (Orford Youth Base) Tel: 01925851029 or Simon 07583088698 Please see bottom of document for referral form. • <u>Warrington and Halton Eating Disorder Service</u> – Suitable for ages 18+, referral required by a health professional http://www.creatinghopetogether.com/about.asp?team=Warrington |
| Hearing voices/psychosis | <ul style="list-style-type: none"> • <u>Hearing Voices Group</u> in Warrington for young people aged 16+ who have experience of hearing voices, hallucinations and other unusual experiences. The Hearing Voices groups are run by volunteers who have also had personal experience of hearing voices. Group takes place every Tuesday at Warrington Day Centre 7-9pm. http://nww.5boroughspartnership.nhs.uk/BasePage.aspx?PageID=18557 Tel: Garry Billington, 07972 538 141 • <u>Warrington Early Intervention in Psychosis</u> – Suitable for ages 14+ Tel:0151 422 6826 Call to refer http://warrington.fsd.org.uk/kb5/warrington/fsd/organisation.page?id=eP9TLHwXBkw |
| General | <ul style="list-style-type: none"> • <u>NHS Mental Health Apps</u> could be useful. Have a look on the website and suggest suitable ones for your young person http://apps.nhs.uk/ • <u>Male health and wellbeing group.</u> Is based at Warrington youth club and is a 12 week programme which looks at a range of topics including; mental health, drugs and alcohol, offending. Please see bottom of document for referral form.http://www.warringtonyouthclub.co.uk/young-people/programmes/young-mens-health-group.aspx |

- **Brighter Futures** - The Brighter Futures team (Orford Youth Base) supports young people aged between 14-19 who would like support in accessing college, volunteering, mentoring, help with finding a job, building confidence, accessing training or just writing a CV. They also offer a mentor me service which offers 1:1 mentoring **Tel: 01925 851029** **Please see bottom of document for referral form.**
- **Warrington Wolves foundation** - Ages: Various. The foundation is located at The Halliwell Jones Stadium and provides various events and projects for children and teenagers to engage in; including sports projects. <http://www.wolvesfoundation.com/> **Tel: 01925 248 894**
Email: community@wolvesfoundation.com
- **School Nurses** - Young people in secondary schools can self-refer or be referred into the health and wellbeing drop in service in school, for advice and support. The school nurses also offer solution focused brief intervention therapy (via referral) for low mood, anxiety, anger management, bullying, self-esteem and sleep issues. **Tel: South team Grappenhall :01925967830, East team Birchwood: 01925843864, West team Penketh: 019255867927** **Please see bottom of document for referral form.**
- **Menotring Programme (Warrington Youth Club)** – Provides support for vulnerable at risk children aged between 7 -15. This service offers 1:1 support, befriending and fun activities. Aiming to increase confidence and self-esteem. **Please see bottom of document for referral form.**
- **National Citizen Service (Warrington Youth Club)** – is available for 16 & 17 year olds which helps young people to build their skills for work and life, while taking on new challenges and meet new friends runs for 4 to 6 weeks in the school holiday periods and include: a week long adventure residential, a week long community residential, a week to plan your own community project, a week to make a positive change in your community, a graduation event (for those that complete the programme). There is a small charge of £35 and a consent for needs to be filled out by parents and is available online at <http://www.warringtonyouthclub.co.uk/young-people/ncs.aspx>
- **Wired Adult and Young Carers Service** – Provides drop in support sessions, information and signposting for carers. Young Carers offer a fortnightly drop in group at Orford Youth Base Thursday 4-5:30pm. Wired also offer free counselling to adult carers. **Tel:01925 633492 or 08007316941**
Email: wcsadmin1@wired.me.uk <http://www.wired.me.uk/Warrington-Carers-Centre.asp> **Adult referral form G Drive. Young Carer self-referral form at bottom of document.**
- **The Mix**- is a free, confidential and multi-issue helpline service for young people under 25 who need help, but don't know where to turn. You can get in touch via phone, email or text for free. <http://www.themix.org.uk>

- **Loud & Clear** is a skills development 12 week project at Warrington Youth Club for young people aged 14-20 interested in youth work or volunteering. Tel: 01925 581 226
<http://www.warringtonyouthclub.co.uk/young-people/programmes/loud-clear.aspx>
- **Immortal Dreams (Warrington Youth Club)** - Is a project for young people encouraging them to chase their dreams and involves art, drama, singing, photography and writing. Young people will be offered the opportunity to put on shows, practice their talent and meet other people in the industries that they are interested. Tel: 01925 581226
- **National Youth Advocacy Service (NYAS)** – Work with young people who are in care, on a child protection plan or are recognised as a child in need. They offer issue based advocacy and an independent visiting service to ensure young people have their voice heard. www.nyas.net Tel:0151 6498 700
Email: info@nyas.net / main@nyas.net
- **Positive Life Skills Course (Warrington Youth Club)** - Positive Life Skills is a 12 week course designed to run in line with the school term. The programme is designed to provide young people with the skills, knowledge and ability to live more independently. The course is highly practical with sessions that are compiled to give young people the chance to learn through practical experience.
- **Families Living with Trauma** – Is a programme for families for all ages who have been affected by conflict, terrorism and political violence. The programme is based at The Peace Centre. Jo Dover can be contacted via telephone. Tel: 01925 581 231
http://www.thepeacecentre.org.uk/whats_on_children.php?WID=92

Please note referrals for St Josephs can be done by any professional for young people under the age of 16. Young people aged over 16 needs to be referred by a GP or Primary Care psychological Services.

To access some of these services in more detail please look at the Groups and Courses Directories.



Warrington Youth Club:
Ages: 7-25 years old
26-32 Bank St, Warrington
WA1 2AR

Offer opportunities to gain, increase and develop skills, knowledge self-awareness and confidence
01925 581235

Eastern European Youth Group

Ages: Teenage

Orford Youth Base,
Capesthorpe Road, Orford,
Warrington, WA2 0JF

Activities empower young people to become conscientious, informed and active citizens
01925 851029

Wired: Young Carers Group
Ages: Under 18
86 Sankey Street, Warrington,
WA1 1SG

Drop in sessions for young carers with the opportunity to meet other young carers and access peer support
01925 442452

Warrington Boys Group
Ages: 11-19 years old
Peace Centre, Peace Dr, Warrington
WA5 1HQ

The programme will be a twelve week course that will look at subjects that cover the following Targeted Youth subjects; Life skills, healthy eating and lifestyles, Masculinity; perceptions and reality, offending and consequences, drug and alcohol information, mental health, relationships, communication and identity.

Orford Youth Base

Ages: Teenage

Orford Youth Base, Capesthorpe
Road, Orford, Warrington, WA2 0JF

From outdoor activities to music production, discussion and debate, the centre is open seven days a week with a wide range of activities. Our projects include challenging and exciting activities and group work sessions to address specific issues affecting young people. Specific groups: Year 7 youth groups, Year 7, 8 & 9 youth groups, 13-19 youth groups.
01925 851029

Warrington Girls Group:
Ages: 11-19 years old
Peace Centre, Peace Dr,
Warrington WA5 1HQ

Gives girls the opportunity to meet and make new friends
01925 581226

Brighter Futures

Ages: 14-19 years old

Support in accessing college, volunteering, mentoring, help with finding a job, building confidence, accessing training and CV writing
01925 851029

Young Women's Group

Ages: 13-16 years old

Orford Youth Base,
Capesthorpe Road, Orford,
Warrington, WA2 0JF

Our projects include challenging and exciting activities and group work sessions to address specific issues affecting young women
01925 851029

UFI Youth Group

Ages: 13-19 years old

Orford Youth Base,
Capesthorpe Road, Orford,
Warrington, WA2 0JF

Support group for young people with self-esteem issues
01925 851029

Warrington Youth Café

Ages: Teenage

60 Bank St, Warrington WA1
2AR

There is always something to get involved in or just a space to catch up with your friends and relax in the only café in town designed by young people, for young people
01925 851029

U-Xpand Course

Ages: 16-19 years old

Orford Youth Base, Capesthorpe
Road, Orford, Warrington

Programme targeted to NEET young people. The 18 week programme has a strong outdoor education theme, which is a fantastic approach to engage in informal education and alternative curriculum
01925 851029

Active Futures
Ages: 7-16 years old
The Gateway, 89-101 Sankey Street, Warrington, WA1 1SR
Engages children & young people using sports and physical activity
01925 248456

Active Hope
Ages: 0-25 years old
The Smile Centre, Sandy Lane, Orford, Warrington, WA2 9BX
Christian Outdoor Pursuits charity working with C&YP in high deprivation to provide mentoring support, holiday activities and support school work.
01925 625705

Where the Music Takes You
Ages: 0-19 years old
The Gateway, 85-101 Sankey Street, Warrington, WA1 1SR
C&YP are given opportunities to take part in music, no matter what circumstance they are in.
07854289470

RESPECT Course
Ages: 13-16 years old- £120
Reducing Exclusion Starting Positive Engagement with Children Together is for young people who may be experiencing difficulties in engaging with school or their peers. They may have low self-esteem or lack confidence. As a result they may be displaying anti-social behaviour including deliberate fire setting malicious calls to the emergency services and at risk from school exclusion
01606 868700

Broomfields Youth Project
Ages: 13-25 years old
Chapel House, Red Lane, Appleton, Warrington, WA4 5AL
An intervention youth work that wants to give young people positive alternatives and good sign posting of youth services.
01925 264903

Warrington Wolves Foundation
Ages: Various
The Foundation, The Halliwell Jones Stadium, Winwick Rd, Warrington, WA2 7NE
Provide various events and projects for children and teenagers to engage in; including sports projects.

Opening Doors
Ages: 16-25 years old
The Gateway, 85-101 Sankey Street, Warrington, WA1 1SR
Work with YP who are homeless, threatened with homelessness or in housing need.
01925 246936

NSPCC FEDUP (Family environment parents using drugs)
Ages: 5-12 years old
Peace Centre, Peace Dr, Warrington WA5 1HQ
FEDUP is a whole family intervention to protect children who live with a parent who misuses drugs or alcohol.
01925 581200

Planet Blue Youth Group
Ages: 11-25 years old
Peace Drive, Cromwell Avenue Gt Sankey, WA5 1HQ
Planet Blue is a drop-in youth club for young disabled people; physically disabled, ASD, neuro-developmental delays.

Alder Lane Activities
Ages: 0-25 years old
82 Alder Lane, Orford, Warrington, WA2 8AP
Social, education and physical activities for C&YP
01925 411095

The journey back to life.
All ages. 85 – 101 Sankey Street, Warrington, WA1 1SR.
Supports young people of all ages who have mental health issues, their families, friends & professionals working in the field.
07718209788