

# PENKETH

EYE



February 2015



## Charity

### Pupil Walks Miles for Charity

●● Year 7 Pupil Sarah Glover walks miles to raise money for charity.



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## PE

### Primary Sports Leagues

●● Details on our latest Primary Sports League from January 2015.



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## Enterprise

### Dragon's Den Enterprise Day 2015

●● Penketh year 7 Pupils enter the Dragon's Den for Enterprise Day 2015.



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# Penketh Year 7 Pupil Walks Miles (and Miles!) for Charity

Since the age of 8, remarkable Year 7 pupil Sarah Glover has been taking part in sponsored walks to raise money for charities relating to her brother who has been serving in Afghanistan.

Due to her dedication to the cause, she was asked to present a cheque for over £3,500 at a celebration day in December.

This all began when ex-serviceman Phillip Winstanley decided to set up the Warrington Afghanistan Challenge. One of the challenges was for the people of Warrington to walk and run to cover the 8,000 miles (the distance from Warrington to Afghanistan) raising money.

At the time this was being organised, Sarah's brother was serving in Afghanistan and it seemed apt that her family would do something to help raise money for this this charity.

Sarah's Mum Amanda said "We looked for somewhere locally and Sarah's dad and I had always wanted to walk the Sandstone Trail, which covers 34 miles, starting in Frodsham and finishing in Whitchurch. Sarah was 7 at the time and we thought



if we split it into 4 days we should be able to complete it. The trail passes through Delamere Forest and also Beeston Castle (which we also went in and climbed to the top – thinking back we must have been mad)! It also took us through Michael Owen's Racing stables".

Work colleagues, friends, family sponsored Sarah. Her family also stood outside

Sarah's school with our collection buckets and t-shirts on (Great Sankey Primary).

Since the walk in 2011, £24,551.68 was raised in 4 years and the money was finally handed over to the charities in December at the presentation ceremony held at the Gateway, Warrington. Charities who received cheques included, The Royal British Legion, SSAFA, Combat

Stress, Warrington and Halton Disability Partnership, Loss of Limb Charity. Mrs. Glover said "We are very proud of Sarah. Her father and I found it very hard on the 3rd and 4th day due to tiredness both physically and mentally. For a 7 year old to achieve this, even though she was physically tired, she still had the mental strength to help her carry on and get to the end".

# England Rugby Call Up for Y13 Student

●● Penketh High School would like to congratulate Year 13 Student Jake Spedding who has been selected for England's Under 19 Rugby League squad.

Jake signed for St Helens R.F.C. from Blackbrook in December 2013 following graduation from the club's top-rated scholarship scheme along with fourteen other young players. His career as a 'Centre' started with a tour of Australia which ended with hard-fought victories over Wests Tigers and Penrith Panthers.

In addition to being a St Helens squad member, Jake has undertaken the Advanced Apprenticeship in Sporting Excellence (AASE) scheme alongside his college commitments. This is designed to give the players extra training and education, designed to help them become elite athletes. "These lads have been involved on Scholarship for some time and have continually demonstrated their potential as Super League players for the future," said Derek Traynor, Saints Under 19s head coach and AASE manager.

An England call up is the latest highlight in Jake's career and he is delighted to have been given this opportunity. He said "It's a great honour to be selected to play for my country and I couldn't have done it without all the support that Penketh High School have given me over the last seven years".

The Penketh PE Department are very proud of Jake. Head of PE Mr. Mullock said "Jake has always been an excellent all round sportsman, who continues to be an inspirational role model to our younger pupils. It has be our pleasure to watch Jake develop his full potential during his time at Penketh High School."

Principal Ben Dunne said "We are all extremely proud of Jake and wish him the best of luck with the England Under 19s Squad. Not only is he an outstanding player and dedicated athlete, he is also a credit to Penketh High School and has worked hard to balance his studies with his Rugby commitments. We are all very confident that he will enjoy a long and successful career at the highest level in the sport"





## Peer Mentoring at Penketh

### PAYING it Forward

●● 3 Year 11 students have undergone a 6 week training programme to become Peer Mentors in a new pilot scheme at Penketh High school.

Peer mentoring in schools has long been recognised as a valuable support mechanism at transition and beyond, promoting and enhancing the student experience. Year 7 pupils have been enjoying the support and guidance of the older pupils who are helping them to feel confident and settled in their new high school life, which at times can seem overwhelming and scary.

One of the main appeals of peer mentoring is that it can produce a range of positive outcomes for both older peer mentors and their younger mentees.

It has provided the mentors, Georgia Fisher, Nathan Wynn-Smythe and Emma Bennett, with improvements in their connectedness to school, empathy and moral reasoning as well as their intrapersonal communication and conflict resolution skills. "It has been so rewarding to be given this opportunity to help the younger students gain confidence in themselves", explains Emma.

For the mentees, who are Meghan Harper, Charley Royle and Rebekkah Wills, the programme has had a positive impact on their feelings of competency and self-esteem as well as their behaviour

and attitudes. They have reported feeling happier, safer and better able to cope. Rebekkah commented, "This has been so good, I would like to be a Peer Mentor when I am older."

The Peer Mentors all remember how it feels to be young, small and vulnerable starting out in high school and they all have experience needing a little support coping with pressure themselves. This is why they decided to call the programme "Pay it Forward". Georgia explains, "We wanted to show appreciation for that support we received and to pay forward the skills and strategies we learned to younger pupils." "We want to inspire this group of mentees to pass on their positive experiences to vulnerable pupils when they are older", says Nathan.

Teachers have also noticed the impact the programme has been having on the year 7's. Their Opening Minds teacher Mrs Serna remarked, "I have noticed an increase in confidence in the quieter members of the group and also an improvement in social skills in others."

Phil Swain, Assistant Principal for SEN/Inclusion/Behaviour said, "Based on the success of the pilot project, the programme will now be rolled out and recruitment and training of new Pay it Forward Mentors will commence shortly. The school is extremely proud of the hard work the mentors have put into making this important initiative a resounding success."

### CATERING

Canteen Awarded 5 Star Hygiene Rating

●● Penketh High School's Big Bite Canteen has been awarded the highest possible food hygiene rating of five stars.

Check out the film at [www.penkethhigh.com](http://www.penkethhigh.com)

### PE

Primary Sports Leagues January 2015

●● The latest league has just been completed and Barrowhall Lane Primary School are the new Tag Rugby Champions for 2015.

8 Schools entered & the competition was very close with Sankey Valley St James in 3rd and Gt Sankey Primary runners up.

Many thanks to Lee, Shaun & Emily from Warrington Wolves for their help with refereeing & organisation.

The next league will be Girls Football and will start on Tuesday 2nd March.



## Year 7 Enterprise Day - Dragon's Den

●● Year 7 pupils at Penketh High School took part in a Dragon's Den style Enterprise Day. Pupils were tasked with creating Easter Egg packaging, designing a company logo and taking on individual roles within groups of four.

The final day was filled with excitement as the pupils focused on creating their designs ready to sell to the Dragon's Den team. The Dragon's Den team selected a winner (7/3 Jarvis) who convinced the main dragon Mr Farrar to invest 90% into their company.

One of the winners 'Toby Good- Marsh' stated "I found the day exciting and really enjoyed being an entrepreneur like Richard Branson".

More Enterprise days will be organised focusing on invention, creativity and how to run your own business.

Please visit our website [www.penkethhigh.com](http://www.penkethhigh.com) for more information on Enterprise Day 2015.





# Warrington EDUCATION Question Time

Venue:



Penketh High School,  
Heath Road,  
Warrington.  
WA5 2BY



**Labour**



**THURSDAY 5TH MARCH 2015**

Doors open 6.30pm

Event starts 7pm ends 9pm

Have your say on  
education issues in your  
town and nationally.

Open to everyone:  
parents, pupils, students,  
governors & leadership.

Chaired by:  
Gareth Dunning-Warrington Guardian

Panellists:  
Bob Barr-Liberal Democrat Party  
Natalie Bennett-Chair of the Green Party  
Nick Bent-Labour Party  
Max Hyde -President of the National  
Union of Teachers  
David Mowatt-Conservative  
Louise Smith-Executive Head Evelyn  
Street Primary School

Admission is FREE, however we would ask you to register your  
attendance by emailing [secretary@warrington.nut.org.uk](mailto:secretary@warrington.nut.org.uk).

We would also ask you to submit your question beforehand to the