Penketh High School Policy



Sex and Relationships Policy

- 1. Rationale: The Education Act 1996 requires that 'all maintained schools providing secondary education must provide sex education (including education about HIV and AIDS and other sexually-transmitted diseases. All maintained schools should teach human growth and reproduction as set out in the statutory National Curriculum for Science.'
- 2. **Definitions:** The Department for Education 'Sex and Relationship Guidance' document defines SRE as 'lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health.'

3. Aims and Objectives:

According to the national guidance referenced above, SRE has 3 main elements:

- Attitudes and values.
 - Learning the importance of values and individual conscience and moral considerations.
 - Learning the value of family life, marriage, and stable and loving relationships for the nurture of children.
 - Learning the value of respect love and care.
 - Exploring, considering and understanding moral dilemmas.
 - Developing critical thinking as part of decision-making.
- Personal and social skills.
 - Learning to manage emotions and relationships confidently and sensitively.
 - Developing self-respect and empathy for others.
 - Learning to make choices based on an understanding of difference and with an absence of prejudice.
 - Dealing with a wide variety of diversity and sexuality in society, using the correct use of language and behaviour.
 - Developing an appreciation of the consequences of choices made.
 - Learning the importance of consent to sexual intercourse.
 - Managing conflict.
 - Learning how to recognise and avoid exploitation, abuse, forced marriages and grooming, where to access support and help.

Knowledge and understanding.

- Learning and understanding physical development at appropriate stages.
- Understanding human sexuality, reproduction, sexual health, emotions and relationships.
- Learning about contraception and the range of local and national sexual health advice, contraception and support services.
- Learning the reasons for delaying sexual activity, and the benefits to be gained from such delay.
- The avoidance of unplanned pregnancy.
- Learning the benefits of not drinking alcohol and smoking the benefits to be gained from such delay. Also gaining knowledge about the dangers and consequences of 'Legal Highs'.

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Understanding the dangers of virtual world through sexting.

4. Implementation:

- The school respects the legal rights of parents if they wish to withdraw their child from all parts of SRE. Parents wishing to withdraw their child should contact their child's Learning for Life (LfL) teacher in writing.
- SRE will be delivered as part of Learning for Life for Years 7-11, in Science Year 7 (Reproduction) and as part of the 6th Form Enrichment programme. The delivery of all sensitive issues will be preceded with discussion and agreement of ground rules governing the sessions.
- Pupils' opinions will be sought in the planning and review of the schemes of work and their needs will be incorporated throughout the programme where appropriate.
- Content and organisation of SRE at Key Stages 3 and 4 is published in the pupil planners.
- Parents' views will be taken into consideration when schemes of work are reviewed.
- Sixth-form pupils have an Enrichment Programme which covers general sexual health matters and information about support available for young people.
- Pupils can discuss issues with teaching and support staff. All staff receive child protection training. If a young person makes a disclosure that causes concern, staff will follow the school's safeguarding procedures.

5. Monitoring and Evaluation:

- The SRE curriculum will be monitored and reviewed by the relevant Assistant Principal on an annual basis. This will include discussion with Faculty/ Subject Leaders, Heads of House and the Head of Sixth Form regarding delivery and outcomes. Pupil views will be sought regarding their views on the effectiveness of our provision. Parental views will be canvassed periodically or prior to any significant changes to agreed provision.
- The process above will inform discussion at one or more Strategic Leadership Team meetings. Agreed areas for development will be incorporated into whole-school and faculty-specific action plans as appropriate.

6. Links:

• Child Protection Policy, Single Equality (Pupil Diversity) policy, Equal Opportunity policy.

7. Responsibilities: The following have responsibilities:

- <u>Principal</u>: To ensure that the school is compliant with the legislation and to enable an evaluation of SRE by Governors on a regular basis.
- <u>Vice Principal (Climate for Learning)</u> To co-ordinate the programme and to ensure adequate monitoring is carried out with the support of Senior Staff, Heads of House, the Head of Sixth Form, CAL Science, and the PSHE coordinator.
- <u>PSHE coordinator/CAL Science</u>: To ensure that LFL team/Science teams are involved in the
 development and delivery of SRE through collaborative planning meetings and training sessions
 and that SRE is mapped, incorporated into schemes of work and delivered in accordance with
 National Curriculum guidelines.
- <u>Head of Sixth Form</u>: To plan, monitor and review the Enrichment programme for Sixth Form students.

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• <u>Governing Body:</u> To ensure that the school is compliant with legislation; to evaluate and agree the SRE programme on a regular basis.

8. Date of Approval by Governors: October 2015

9. Next Review Date: October 2018